

Prayers
&
Pomegranates
Volume 1

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Dedication

This book is free to any soul who will love it, share it and benefit from it. For everything written here is written in joy and peace and is to develop these states around the world. If you have enjoyed this offering and feel moved to pay for the privilege, please send a donation to www.peacexpeace.org and spread the word.

Let my tongue unravel
The silvery threads
While I dance with
The golden lights of
God's Soul
And then shall I know
I have lived.

I ask for nothing more
Than to dance in the
Light of Consciousness
Sing with angelic voices
And sit in the lap of God
For then will I know
My significant
insignificance.

In the asking
WHY?
I lose awareness
In silence
I am brought the
Greatest of answers
Love, I am Love!

In friendship I beseech
Meet me
In acceptance I beseech
Enter me
In delight I beseech
Explore me
For in every expression
I am Love.

In tender, strong
Embrace wrap me
Heart, mind, body, soul
That I might dwell in
You
And know Love.

Cracked open
Pomegranate juices
Spray heart stains
Across my clean, white
skin
Showing all who see
Not where God is
But
Where God has been.

Fragrant, crisp, sharp
Love is as juicy as the
Pomegranate seed
For Love is.

In me make
Luminous your Light
That I may be a
Lantern in the night
For souls to travel with.

Words lit with the
Resonance of God
Dance across the page
Daring me to
Capture them
And then they are gone.

When all else is gone
Beauty, fame, success
Power, wealth
Let me sing
Wild songs of Love
And God's presence
Shall I know.

Wither I write with pen
On paper or
Stick in hand
Your words flow through
me
And I am blessed by
Your Love expressed.

Intoxicated as I am by
You
Not e'en the sweetest
Chemistry of rose attar
Enraptures me
For you are
Perfumed essence
Love in every breath!

In secret chambers of

Your heart
Where the multitudes
 dwell
Is there a place for me?
Why my son, you have
 never left me
For all roads lead to Me
No matter my name or
 yours.

In the seeds of this
 hardened plum
 Know my Love
This ruby pomegranate
 Blood's reviver
 Filled with my love
For you to feast upon
 Come, eat!

Love shines through the
Eyes of our soul
And marvels at the
Many glories of the
Simple day.

How can you not be
Joy filled
In each moment
With such a vista?

My longest journey in
my life
Has been to the centre
of me
Where I have found not
I but Love!

My mind & heart are
still at war...

No peace do I find
Why?

Love answers...

He fears judgement

My heart stops
momentarily in surprise

Love continues...

*Heart, put down your
weapons of defence*

Open your gates

For see before you

*The mind in golden
light!*

*He has no weapons nor
harmful words*

*He comes tiredly from
his exhausting battles*

*He comes in surrender
To find his haven*

*He comes to you
Open heart
He seeks Love.*

As I have travelled
closer to home
I have been
encompassed by all
That Love is
And everything I have
labelled myself to be in
the world
Dissolves till I Am.

If Love is everywhere
Why has it taken such
time for me to see IT?
How extra-ordinary!
My heart has been blind
for so long....

When finally you
surrender to Love
God draws breath
through you
And lives His creation
Enjoying the world
He made.
Before you surrender to
Love

God draws breath
through you and lives in
His creation
Enjoying the world He
made
Waiting with the
patience of a
Father/Mother for the
child to understand the
Truth of Love.

In My Eyes see who you
are
Are you not transfixed
by Love
Beloved?

‘Old man, what are you
doing with your words?’

the young man asked.

‘Sculpting light into
form’ the old man
replied.

‘Would you not be
better sculpting with
marble, rock and
chisel?’ the young man
asked.

‘One works with the
tools Love has given and
trusts Her actions
through us all.’

At the time the young
man was puzzled by the
old man’s comments
but years later when
the young man had
grown inside he knew

the truth the old man
had spoken and smiled
at the angel he had met
on his path.

The music master plays
light out into the world
And the mountains,
streams, hills and plains
Sing ecstatically for
they are kissed with
Love
Their heart-cores
blessed.

In the midst of feasting
I am starved not for
food
But love
Where do I ever find
Enough love to fill this
cavernous spot?

Love answers...
*Inside I am always
present
Turn inward
Embrace you lover,
Beloved
I am here!*

On your heart
In secret messages Love
writes
'Open your heart
Find out how
completely you are
loved..
Tears of joy will fall,
Beloved
Tears of joy!

I breathe in
Light, love, joy, God
I breathe out
Light, love, joy, God
All is well in my world
I see!

Even though the light
from Our Sun
Makes Earth giddy with
delight
So that she needs rest
Our Sun does not desert
her at night
For at night the moon
reflects His gilded glory
And the Earth
Remembers her Love is
true and constant....

So too is Love with us.

In the basket
Hardened apples
Rusty sit
Awaiting you to release
Their love
Their fragrant seeds of
Love juice
Staining your lips with
Love
Reminding you
Love is present
Even in eating.

With e very breath
Creation rejoices
For life even in misery
Is cause for celebration
Knowing Love is.

Every time you
admonish a child to
Grow up!
Be responsible!
Be serious!
Stop Daydreaming!
You break the threads
of Love
God has used to hold
Your child safely in
love...

Think on that next time
you scold a child.

It is God's breathe
That fills
A child's laughter
A child's smile
A child's curiosity

How can you not see
Love light shining
through a child
And not be heart
gladdened
Your life has been so
blessed?

Love within
Love without
No matter what the eye
sees
The True Heart knows
All is love
And is at peace.

In delicious abandon
I dance in God's rhythm
On music I hear in each
In breath
Floating around me
And Love partners me
Though you see Him
not.

I see God's child before
me
All but grown at
seventeen
And marvel as I have at
every age of this child
At the miracle his
unique being-ness is.

I see God's child before
me
All but grown at
seventeen
And give thanks for
All the joy my greatest
work
Has given me.

I marvel at how I've
grown in choosing to
Nurture God's Child.

I breathe in
Light, love, joy, God
I breathe out
Light, love, joy, Allah
I breathe in
Light, love, joy, Krishna
I breathe out
Light, love, joy, Buddha
In each breath Light
In each breath Love
In each breath Joy
In all breaths
God, Allah, Krishna and
Buddha
Clap my hands in
Ecstatic delight
For I Live!

My heart sings unbidden
Music it is hearing
In each moment..
New, mysterious
All familiar
Love turns the corners
of my mouth in a
Joyful smile!

When love is passed
One to another
It becomes covered
In fine filaments of
Gossamer lustre...
It becomes as the pearl
Luminous with nuance
Lovelight expressed as
One.

I hold the hardened
Bulbous pomegranate
In my hand
Surprised at its weight
Outside it appears as
Magenta lacquered
Bauble hard but
hollow...

How amazingly dense
with quality
Our centre can be!

Silent music played
through His eyes
In a kaleidoscope of
Fragmented colour
Reminding me that the
Smallest coin of Love
Can transform a whole
being....

Imagine how ecstatic
we would be
If we accepted all of
God's Love?

The ancient melody
touches hearts
Awakening the strains of
music and dance that
the heart has carried
for centuries within
Awaiting this moment of
Enrapture

How miraculous, how
extraordinary Love is!

The tap of the old
man's hand on his knee
The only sign of the
Music in his heart
Unbidden
Insistently desiring
Expression...

Can you not see?
It is Love that demands
to be known.

In every expression

Love

In every thought

Love

In every mind

Love

In every heart

Love

In every individual

One

In every partnership

One

In every group

One

In every religion

One

In every nationality

One

In every word

Love

In every idea

Love
In every action
Love
Love always recognises
Love
In everything.